



## **BOYS TEAM**

### **2018-2019 FALL/SPRING WORKOUT SCHEDULE**

#### ***EVENING PRACTICE***

##### **Level 4**

**Tue/Wed/Thur 4:00pm-6:00pm**

##### **Level 5**

**Monday 4:30pm-8:30pm**

**Tuesday/Thursday 4:30pm-8:30pm**

**Friday 4:00pm-8:00pm**

**Saturday 9:00am-12:00pm**

##### **Level 6-10**

**Monday-Thursday 4:30pm-8:30pm**

**Friday 4:00pm-8:00pm**

**Saturday 9:00am-12:00pm**

#### ***HOMESCHOOL PRACTICE***

##### **Level 5**

**Monday-Friday 12:00pm-4:00pm**

**Saturday 9:00am-12:00pm**

##### **Level 6-10**

**Monday-Friday 12:00pm-5:30pm**

**Saturday 9:00am-12:00pm**

#### ***HOT SHOTS***

**Monday/Thursday 3:30pm-4:30pm**

**OR**

**Tuesday/Friday 3:30pm-4:30pm**